

Parking and Arrival information for 2026 VASRA Regattas:

NO PARKING IS ALLOWED ALONG VAN THOMPSON OR HAMPTON ROADS. Please be respectful of our neighbors and do not park along the roadsides. You may be ticketed or towed.

Follow @SandyRun on X or Sandy Run Regional Park on Facebook for regatta updates.

Parking on site at Sandy Run is restricted to athletes, coaches, referees/officials, team busses/boat trailers, VASRA volunteers and handicapped or mobility limited individuals.

Athletes who drive themselves may park onsite in Loisvale Lot and D lot until parking is full. Athletes driving with spectators in the vehicle will be directed to the drop off area where spectators can then take the vehicle to offsite spectator parking. There is no fee to park on site. If onsite parking is full, athletes will need to park at the offsite parking location and ride the shuttle to the park. The offsite shuttle is free to athletes in uniform.

Coaches may park on site in D lot and Loisvale Lot until parking is full. If onsite parking is full, coaches will need to park at the offsite parking location and ride the shuttle to the park.

Drop offs are permitted at the park in D lot. Please follow the directions of the parking staff. Both athletes and spectators may be dropped off in D lot.

Handicap or mobility limited individuals may park onsite in C lot until parking is full. Parking is not guaranteed. Vehicles must display DMV placard or plates.

Finish line access shuttle is available between C lot and the finish line. Fee is \$5 each way payable by all riders. The finish line shuttle is not free for athletes. To get from the shuttle drop off point to the grandstands viewing and seating area requires a short walk of approximately 0.1 miles/175 yards and about 3-5 minutes.

Grandstand viewing and seating area can be reached by riding the Finish line shuttle and walking the short distance to the grandstands, or by walking the 0.5 mile trail between C lot and the grandstands, approximately a 20-30 minute walk. Please note that the trail is a natural surface trail (gravel and dirt) with several hills and is not suitable for strollers or individuals with mobility issues.

Pick-ups are permitted in D lot when your athlete is in D lot and ready to be picked up. There is no area available at the park to wait for your athlete. Alternatively, your athlete may ride the shuttle from the park to the offsite parking location for no fee and be picked up at offsite parking, which has plenty of space available to park and wait.

Spectators may not park onsite at the park. All spectators must park at the offsite parking location and ride the shuttle to the park. Reminder: pets are not permitted on shuttles or in the park on regatta days.

FOR THE 2026 SEASON THERE ARE TWO OFFSITE PARKING LOCATIONS. Please pay attention and park at the correct site for the regatta you wish to attend.

South County High School is located at 8501 Silverbrook Rd, Lorton, VA 22079. This is the offsite parking location for the following regattas:

March 28 – Walter Mess
April 4 – Darrell Winslow
April 11 – Ted Phoenix
April 18 – Ryz Obuchowicz
April 25 – Al Urquia
May 2 – VSRC Day 1
May 9 – VSRC Day 2

Woodbridge Commuter Lot is located at 1325 Old Bridge Rd, Woodbridge, VA 22192. This is the offsite parking location for the following regattas:

March 21 – Polar Bear

The shuttle fee is \$10 per person each way, collected at the offsite location when you board the shuttles. Cash only.

Team busses and vans may park on site in B lot until parking is full. Parking is not guaranteed.

Team boat trailers may park in the gravel trailer lot during the following times: Fridays 11am-7pm, or Saturdays 6am-7am. Due to the size of the regattas, trailers will need to double up in most spaces. Please be considerate when parking and back all the way up to the wood line if you are the first trailer in the space. Please do not rig in front of trailers unless you have confirmed with park management or the lot attendant that the space is available. We need to be able to accommodate our visiting schools who travel several hours and may not be racing until later in the day.

Team tents may be set up Friday between 11am-7pm, or Saturday before 7am. Team tent spaces are first come, first served. Utility trailers, chuck wagons/food trailers are not permitted on site. Open flames, propane, or cooking on site is not permitted per Fire Marshal guidelines. If you have items to drop off to your team, you may use the drop off lane in D lot after 7am on regatta day, and you must communicate with a coach or athlete from your team to walk up to the drop off lane and receive the items from you. Driving to your team's tent is not permitted after 7am on regatta day. For tent take down, driving to your team's tent is only permitted after the last race has launched and the lower park area is sufficiently clear.

VASRA Volunteers may park on site in D lot. This is *only* for VASRA Volunteers such as concessions, stake boat holders, launch drivers, etc. If you signed up to volunteer with your school or club, you may not park on site. You should park at the offsite location and ride the shuttle to the park.