

# Fountainhead Permanent Course

	Brown	4.0 km	270 m
▷			
1	30	▲▲▲	
2	52	∩ ∩ ∪	
3	36	▲▲▲	
4	44	∩	
5	56	○ □	○
6	40	↑	○
7	32	◇ ≡	

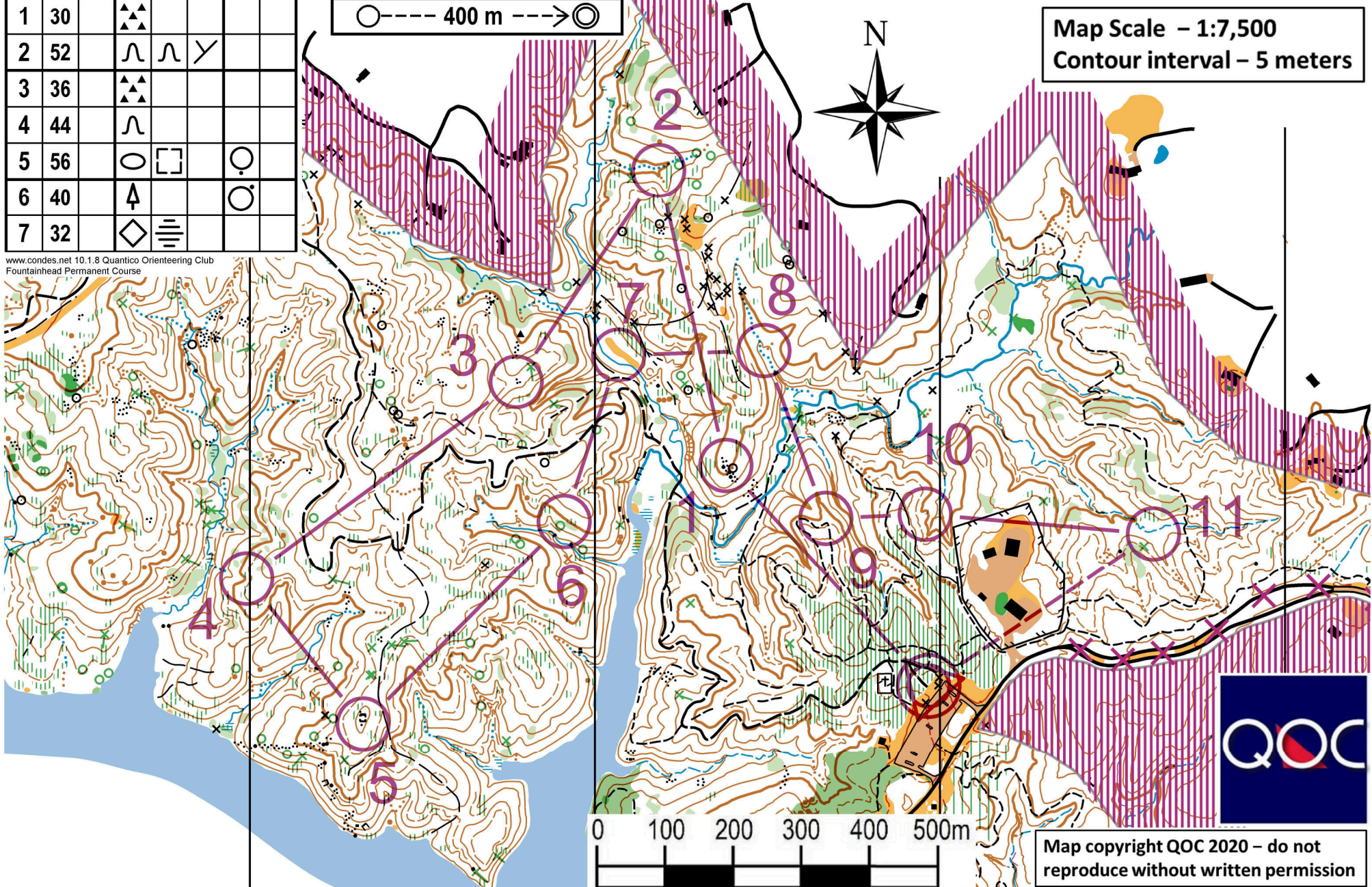
8	38	∩ ∩ ∪	
9	16	⋈	
10	22	⋈	
11	24	⊕ ∩ ∪	

○ --- 400 m --- → ⊙

All members of the public are welcomed to experience orienteering at any of Quantico Orienteering Club's public events; visit [www.QOCweb.org](http://www.QOCweb.org) for an event schedule and more information.

Map Scale - 1:7,500  
Contour interval - 5 meters

www.condes.net 10.1.8 Quantico Orienteering Club  
Fountainhead Permanent Course



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## IOF Control Descriptions

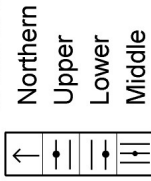
This is a summary of the IOF pictorial control descriptions. Full details can be obtained from the IOF web site at

<http://www.orienteering.org>

A	B	C	D	E	F	G	H
1	123	↓					

- A Control number
- B Control code
- C Which of any similar feature
- D Control feature
- E Appearance
- F Dimensions/combinations
- G Location of control flag
- H Other information

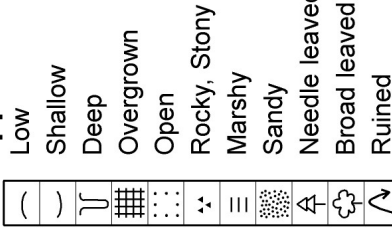
### C - Which Feature



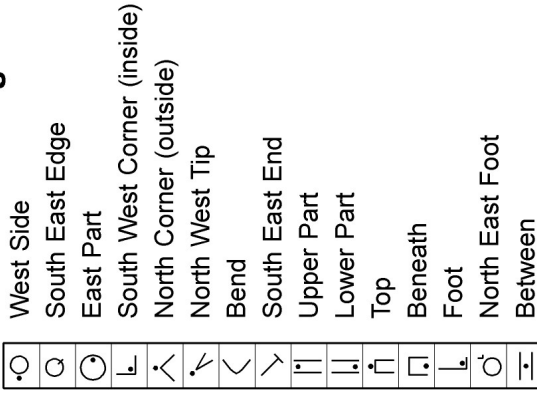
### D - Control Feature

See below.

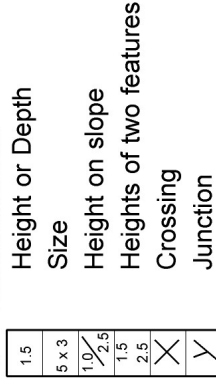
## E - Appearance



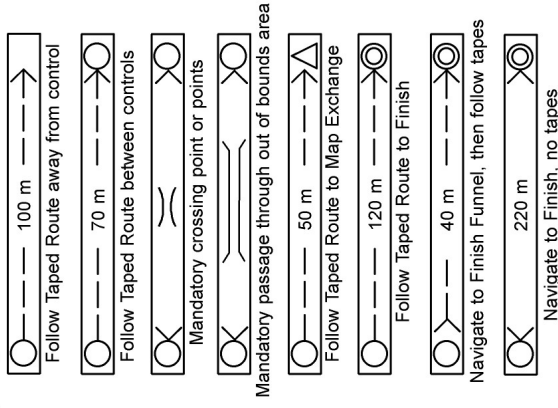
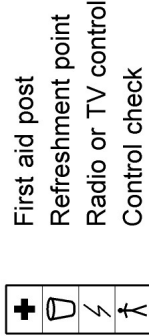
## G - Location of Flag



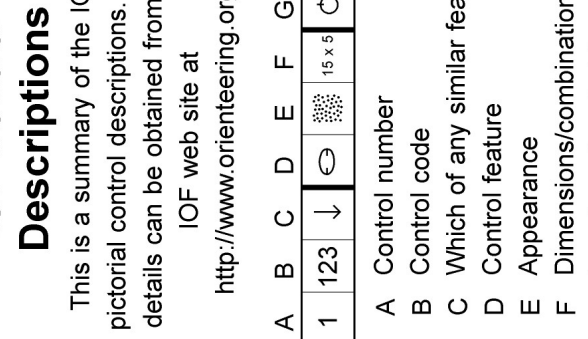
## F - Dimensions



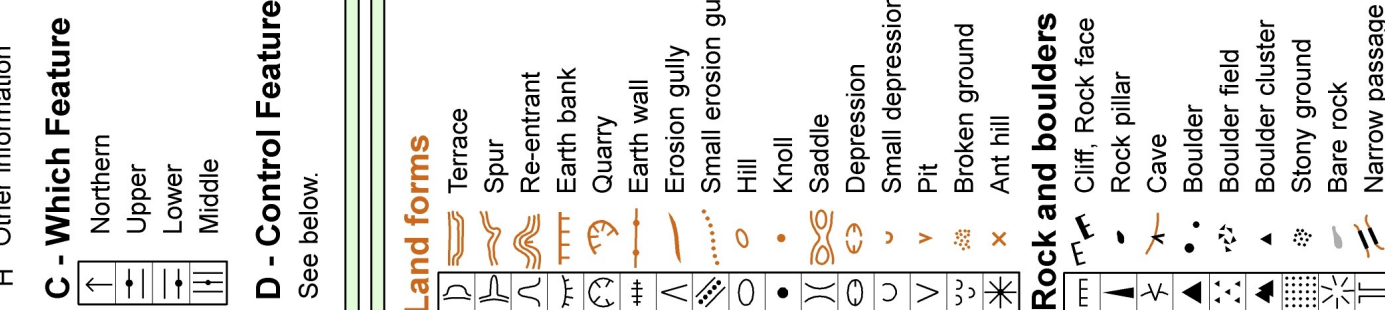
## H - Other Information



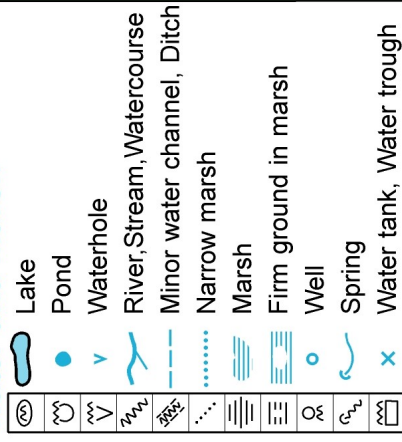
## Land forms



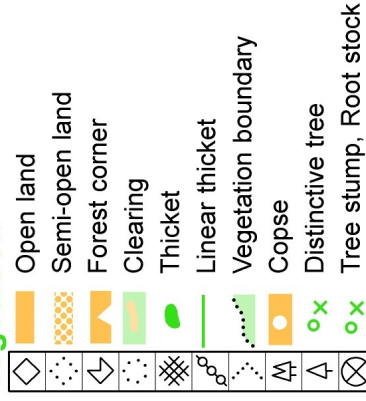
## Rock and boulders



## Water and marsh

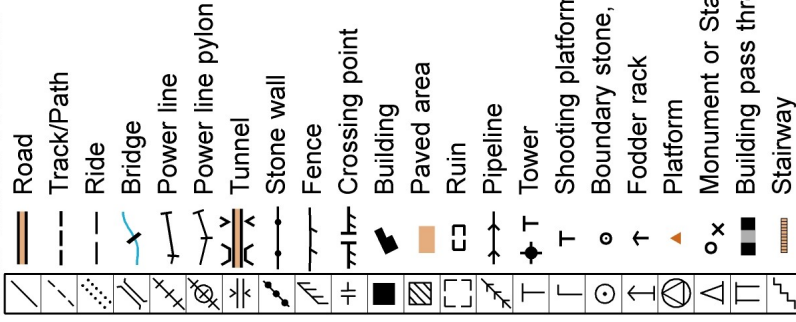


## Vegetation



Orienteering resources from Maprunner  
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## Man-made features



## Special features

